

PACE HIGH SCHOOL BAND

OVER THE COUNTER MEDICATION PERMISSION FORM

2023-2024

This is a list of over the counter medications provided by the Pace High School Band Boosters for administration to band members during band functions. Over the counter medication(s) will only be administered to the student if this form is currently on file. **In order for any medication that is NOT listed on this form to be administered to your child, a completed Santa Rosa County School District "Dispersion of Medication Form" will need to be on file.**

Parent/guardian(s) must know all indications, side effects and risk of each medication before authorizing administration. **As with any drug, you should first consult your physician. Drugs can interact causing a drug overdose, severe side- effects or death.** Please take the necessary time to fill out this form appropriately.

Student Name (printed) _____

Please initial which of the following medication(s) are appropriate for your child.

Dosages will be determined by the manufacturer.

_____ Acetaminophen (**Tylenol**) 500mg - Relieves pain.

Risk: Allergic reaction such as difficulty breathing, closure of throat, swelling of lips, tongue or face, hives. Can cause liver toxicity in high doses. Not for long-term use unless recommended by a health care provider.

_____ Naproxen (**Aleve**) 220mg - Relieves pain and reduces swelling.

Risk: Allergic reaction such as difficulty breathing, closure of throat, swelling of lips, tongue or face, hives. Side effects include a risk of ulcers and bleeding. Not for long-term use unless recommended by a health care provider. Take with food.

_____ **Benadryl** (Diphenhydramine HCl - histamine blocker) 25mg - Indication: relief of runny nose, sneezing, itchy, watery eyes, itchy throat or relief of environmental factors such as grass irritation or insect bites.

Risk: Allergic reaction such as difficulty breathing, closure of throat, swelling of lips, tongue or face, hives. Side Effects: Sleepiness, fatigue, dizziness, headache, dry mouth or difficulty urinating.

_____ **Antacid Chewable Tablets** (Calcium Carbonate) 750mg - Indication: relief of heartburn.

Risk: Antacids may interact with certain prescription drugs. Ask a doctor or pharmacist before use if you are taking a prescription drug.

_____ **Pepto-Bismol Chewable Tablets** (Bismuth subsalicylate) 262mg - Indication: Relieves travelers' diarrhea, diarrhea, upset stomach due to overindulgence in food and drink, heartburn, indigestion, nausea, gas, belching, fullness.

Risk: Allergic reaction such as difficulty breathing, closure of throat, swelling of lips, tongue or face, hives. Contains salicylate. Do not take if you are allergic to salicylates (including aspirin) or if you are taking other salicylate products.
*Warning - **Reye's syndrome**: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea or vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.*

_____ **Bonine** (Meclizine) 25mg - Indication: Used to treat or prevent nausea, vomiting, and dizziness caused by motion sickness

Risk: Allergic reaction such as difficulty breathing, closure of throat, swelling of lips, tongue or face, hives.

_____ **Miscellaneous first aid supplies** - (includes bandages, ice packs, mole skin, Throat Lozenges (Halls or Sucrets), Atopic Ointments (Triple Antibiotics and Neosporin), Burn Jel Plus, Icy Hot & Deep Blue (student must self-apply), tampons, sanitary napkins, baby powder, hand sanitizer and moisturizer cream)

Parent/Guardian (print) _____ **Date** _____

Parent/Guardian (signature) _____